

## Emergency/Death Information

*Because emergencies including death can occur without warning, the Pastoral Care Team suggests you fill out our UU Marin Instructions in Case of Emergency/Death form. Our Minister can assist in this process. A confidential copy will be kept in our files.*

### Our Mission

The members of the Pastoral Care Team seek to respond with compassion and respect to the pastoral needs of members of our religious community.

*Please call the Minister if you need help:  
415-479-4131 x 2*

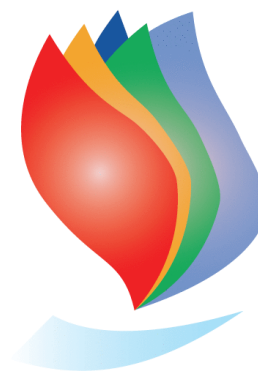
Contact the Pastoral Care Team:  
[Pastoralcare@UUMarin.org](mailto:Pastoralcare@UUMarin.org)

## Community Resource List

Aging and Adult Services	415-457-4636
Al-Anon Marin	415-455-4723
Alcoholics Anonymous	415-499-0400
Alzheimer's Association	415-472-4340
CA Poison Control System	800-222-1222
Center for Domestic Peace (Marin Abused Women's Services)	415-924-6616
Community Institute for Psychotherapy	415-459-5999
Community Violence Solutions	800-670-7273
Family Caregiver Alliance	800-445-8106
Homeward Bound	415-382-3363
By the Bay Health (Hospice)	415-927-2273
In-Home Supportive Services (IHSS)	415-499-1024
Legal Aid of Marin	415-492-0230
Lifeshouse (developmental disability)	415-472-2373
Marin Aging and Adult Services (AAS)	415-473-3636
Marin Center for Independent Living (assist disabled)	415-459-6245
Marin Community Health Services	415-473-6835
Marin Housing Authority	415-491-2525
Marin Services for Men	415-485-6736
National Alliance on Mental Illness (NAMI) Marin	415-444-0480
National Suicide Prevention	800-273-8255
Ritter Center	415-457-8182
SF-Marine Food Bank	415-883-1302
St. Vincent de Paul Society	415-454-3303
Vivalon Healthy Aging Center (formerly Whistlestop)	415-456-9062
Vivalon Rides (transportation for seniors and disabled)	415-454-1098

*We Care*

## Pastoral Care Team



**UNITARIAN UNIVERSALIST  
CONGREGATION OF MARIN**

**240 Channing Way  
San Rafael, CA 94903  
415-479-4131  
[UUMarin.org](http://UUMarin.org)**

## Who is a Pastoral Care Team Member?

A **UU Marin** member who:

- ♦ Works with our Minister to provide caring support for UU Marin members
- ♦ Is trained to listen and offer confidential support to members of our community
- ♦ Is aware of community resources

Pastoral Care volunteers participate in training sessions and continuing education. We are non-professionals who keep confidence and walk beside you through life's ups and downs.



## The Pastoral Care Team Can Help

If you need a ride to church services or events.

If you have suffered loss.

If you are depressed.

If you are undergoing any sort of transition.

If you are experiencing job or financial changes.

If you are in the process of separation or divorce.

If you or a family member face a life threatening illness.

If you are homebound for any reason.

If you are lonely or hospitalized.

If you need a referral for help.

If for any reason you need a caring, supportive listener when our Minister is unavailable.

## What Can Pastoral Care Offer?

We keep in touch with members confined to home, hospital or convalescent setting.

We arrange for two or three days of in-home meals.

We help with essential shopping for those unable to do these tasks until other arrangements can be made.

We arrange for rides to/from UU Marin services and events and to essential appointments, with adequate advance notice.

We refer members to community services and/or professional help as needed.

If you need temporary financial help, talk to the Minister about the possibility of a gift from the **Minister's Discretionary Fund** or the **Botermans Fund** for members who are disabled.

