

Esteemed Elders: Mentors at UU Marin

Our Motto: Two Ears, Warm Hearts

- Our purpose is to offer friendship, skills, caring, listening, and expertise to members of all ages at UU Marin.
- Our Motto: Two ears, warm hearts.
- Our Ethical Code: We offer coaching, sharing of our lives, transmission of our expertise, encouragement, shoulders to cry on, sharing of feelings, active listening, thinking through issues without judgment, referrals, safety, and confidentiality. We do not offer therapy, solutions, or advice unless asked. We also cannot meet with anyone under 18 without parent involvement.
- We are a talented group of retired professionals with life stories to share and open hearts to listen and encourage your growth and self-care.

How It Works

The minister, administrator and the chair of the Pastoral Care Team have a list of mentors and areas of skills of each mentor. A congregant makes a request for someone to listen, and the minister and Pastoral Care Team Chair match up the need with a mentor who has indicated they have skill in that area. Congregants may also request help from an individual mentor. Contact Rev. Marcus Liefert at revmarcus@uumarin.org or Karen Auroy at pastoralcare@uumarin.org. The elders are here for you!

Mentors and Skills

Elders' Areas of Experience and Learning

- Dementia in the Family - Linda Klein, Janice Prochaska, Sally Schroeder, Anne Baele, Ginnie Job
- Caregiving - Linda Klein, Janice Prochaska, Ginnie Job, Anne Baele, Heidi Iorio-Chriss
- Divorce - Linda Klein, Karen Auroy, Anne Baele, Kat Braeman
- Death of a spouse - Anne Baele, Dick Park
- Death of a child - Anne Baele, Diana Vine, Heidi Iorio-Chriss
- Death of a parent - Linda Klein, Karen Auroy, Sally Schroeder, Ginnie Job
- Widow(er)hood - Anne Baele, Dick Park
- Dealing with aging parents - Linda Klein, Sande Kiriluk
- Miscarriage - Anne Baele
- Suicide of a loved one - Anne Baele,
- Dealing with teenagers - Linda Klein, Kat Braeman
- A return to dating/romance - Dick Park, Judy Purdom
- Empty Nest – Linda Klein, Sally Schroeder
- Grief - Sondra Schwartz, Kat Braeman, Ginnie Job, Dick Park
- Loss of a pet - Judy Purdom
- Stepchildren - Linda Klein
- Alcohol and drug issues - Linda Klein, Sondra Schwartz, Anne Baele, Sally Schroeder, Diana Vine
- Domestic violence - Linda Klein
- Emotional Abuse - Linda Klein, Karen Auroy
- Mental illness - Sande Kiriluk, Anne Baele, Sally Schroeder, Diana Vine
- Pain Management - Sande Kiriluk
- Career change/choices - Sande Kiriluk, Kat Braeman, Sally Schroeder, Karen Auroy,
- Selling a business - Janice Prochaska
- Work/boss problems - Sande Kiriluk, Karen Auroy
- Assertiveness - Janice Prochaska, Linda Klein, Sande Kiriluk, Kat Braeman, Karen Auroy
- Boundaries - Linda Klein, Sande Kiriluk, Sondra Schwarz
- Single parenting - Linda Klein, Anne Baele, Kat Braeman
- Disability - Sande Kiriluk
- Stress - Sande Kiriluk, Sondra Schwartz, Karen Auroy
- Serving on a Board - Janice Prochaska, Linda Klein
- Behavior changes - Janice Prochaska, Jim Prochaska
- Blended families - Linda Klein
- Cancer or other serious disease/self or loved one - Dick Park, Ginnie Job
- Organizational change - Janice Prochaska
- Self-acceptance/care - Linda Klein, Sondra Schwartz, Karen Auroy, Sally Schroeder
- Retirement - Janice Prochaska, Linda Klein, Sande Kiriluk
- Financial Stability - Linda Klein, Sondra Schwartz, Karen Auroy
- Political involvement/action - Kat Braeman
- Learning Skills: reading, writing and study - Linda Klein; accelerated learning - Kathie Kertesz