PRESENTED BY THE UU CONGREGATIONS OF THE NORTH BAY

OWL SUMMER CAMP FOR CHILDREN AND YOUTH

OWL CAN HELP YOU EDUCATE YOUR CHILD ABOUT SEXUALITY

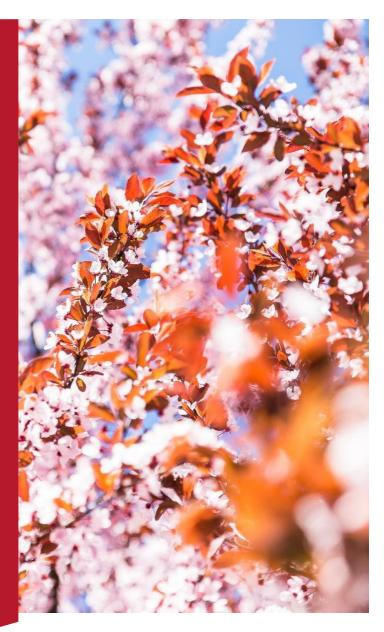
AUGUST 2-6, SAN RAFAEL

Honest, accurate information about sexuality changes lives. It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and has the potential to save lives.

For these reasons and more, we are proud to offer the **Our Whole Lives (OWL) summer camp**, a week of comprehensive, lifespan sexuality education curricula presented by OWL certified faculty in a fun summer camp setting hosted at the UU Congregation of Marin in San Rafael. The camp is secular and open to all.

Cost for the week:

\$150.00 per child for kids whose families are members of participating congregations.
\$300.00 for those families who are not members Check with your congregation's DRE for available scholarships UU Congregation of Marin <u>revlynne@uumarin.org</u> UU Congregation of Santa Rosa <u>dre@uusantarosa.org</u> Napa Valley UU <u>dre@nvuu.org</u>
UU Petaluma <u>danacl@uupetaluma.org</u>
UCC Petaluma <u>danauccp@gmail.com</u>



Our Whole Lives values: Respect Relationship Responsibility

For current and incoming grades K-1st, 4th-6th and 7th-9th

For 2nd to 3rd grade, we are offering an all-day nature camp

> To sign up or for more information contact Rev. Lynne Scarpa <u>Revlynne@uumarin.org</u>

Registration available until classes are full.

OWL Program Descriptions Grades K-1

Can help you educate your child about birth, babies, bodies, and families. You will be actively involved as your child learns through songs, stories, activities and at-home projects that promote family dialogue.

OWL models and teaches caring, compassion, respect, and justice. It helps young children identify their attitudes, values, and feelings about themselves, their sexuality, and others' sexuality. Participants in Grades K-1 are guided by trained facilitators through an engaging curriculum that addresses age appropriate topics. Home links keep parent-child communication open.

Grades 4-6

Helps children learn about and discuss the physical, emotional changes, and social changes of puberty. Parents and caregivers can be actively involved in the exploration of growing older, values, communication and decision making.

OWL models and teaches caring, compassion, respect, and justice. It helps children in Grades 4-6 understand the physical and emotional changes of puberty. Participants explore values, communication and decision making, as well as physical health

and development. A Word Bank reinforces new terms and definitions related to sexuality and puberty.

Grades 7-9

Parents are children's primary teachers, but what is society teaching our children about sexuality? Our Whole Lives is an antidote to sexualized media messages, peer pressure, misinformation and prejudice. It provides accurate, age-appropriate information, puts sexuality in the context of values and personal responsibility, supports healthy decision making, and strengthens social skills. These skills and values help prepare youth to make healthy choices for life.

OWL models and teaches caring, compassion, respect, and justice. It helps adolescents address their attitudes, values, and feelings about themselves, their sexuality, and others' sexuality. Participants are guided by trained facilitators through an engaging curriculum that addresses topics most important to young adolescents, including those typically excluded from sexuality education and health classes.

For more information on specific OWL sessions visit: <u>https://www.uua.org/re/owl/publicity-tools</u>

Nature Camp Description

Grades 2-3

Children will be discovering plants and local wildlife with stories from a variety of Indigenous People of North America and earth based activities. Through this experience we strive to increase a child's sensory awareness, broaden their understanding of plants and animals, and instill in them the importance of caring for plants, animals, people and the Earth.

Program Schedule

Camp hours are 8:30 am to 5:00 pm, August 2-5

Kids need to arrive no later than 9:00 am when OWL & Nature class start.

Kids can be dropped off as early as 8:00 am and picked up as late as 5:30 pm. Kids can be picked up at 4:00 pm, however we may ask to refrain from having them in another in person camp/class that day as Marin County Health may require kids stay in a pod of 12 or less for the week.

Because it is summer, we will take kids going into these grades or just graduated from these grades.

Camp with include games, activities, and crafts as well as the OWL curriculum with its art projects and activities.

Safety Measures

We will follow the guidelines required of camps at the time in Marin.

In anticipation:

- ✓ Kids will be in pods of 12 or less and will be asked to bring their own lunches
- ✓ We will provide clean bathroom facilities wiped down throughout the day and have additional hand wash stations outside

If required by the County, we are prepared to:

- ✓ Hold classes outside
- ✓ Take temperatures of staff and participants at the beginning of the day
- ✓ Isolate kids and keep them comfortable until someone can come get them if they do sprout a fever or are not feeling well
- ✓ Have participants wear masks
- ✓ Practice physical distancing