



**UNITARIAN UNIVERSALIST
CONGREGATION OF MARIN**

Dear Members and Friends of UUCM:

Because emergencies, including death, can occur without warning, your Pastoral Care Committee strongly suggests that you plan ahead for dealing with these emergencies. For those of you who have already taken this action, it would be prudent to review that information to make sure it is up to date. To help with this matter, UUCM has available a form entitled Instructions for UUCM in Times of Emergency or Death. Copies of this form are available at UUCM in the Community Room and also on-line at www.uumarin.org.

Once you've completed this form, please share copies with your family members, and bring a copy to UUCM. We maintain a confidential file of such forms so that we may be of assistance during emergencies.

We also urge you to have on file a Durable Power of Attorney for Health Care Decisions form. You may obtain this form from your medical provider, local hospital, attorney, or on line from the State (<http://ag.ca.gov/consumers/pdf/ProbateCodeAdvancedHealthCareDirectiveForm.pdf>). On this form, you can choose your Health Care Agent, and authorize them to make decisions regarding your medical care when you are not able to do so. The form also allows for you to make specific your wishes regarding life sustaining treatment. Once completed, you should discuss this form and your wishes with your family members, and file copies of the form with your medical practitioner/hospital. You may also provide a copy to be kept on file at UUCM along with your Instruction form.

If you wish to be an organ donor, please discuss this choice with your family as well. You may make this indication on your driver's license, as well as registering with Donate Life California (<http://www.donatelifecalifornia.org/>).

It can be helpful to your family members if you plan ahead for after death arrangements. Burial or cremation are among the options. The cost of services varies considerably among providers. Low cost options are available through the Bay Area Funeral Society (BAFS), PO Box 264, Berkeley, CA 94701; phone 510.841.6653; web: www.bafsweb.org. There are also other memorial societies, and you should feel free to explore them all.

Again, please feel free to return a filled out copy of the Information form to UUCM for reference by the Minister and Pastoral Care Committee.

Sincerely,
Pastoral Care Committee